

Sheffield
Chinese
Community
Centre

TWEETERS OF THE PORTS

FOR
TACKLING INEQUALITIES FUND
2018~2019

Established in April 1995, the Sheffield Chinese Community Centre (SCCC) is a charity and limited company by guarantee. We provide services and give support to the Chinese people who are disadvantaged, isolated and are hard to reach, or living in poverty.

VISION

Our vision is a Sheffield City where our community members could interrogate into the mainstream society confidently, leading an independent life and improving the quality of their life.

MISSION

The Centre acts as a bridge between our community members and the public services and other communities in Sheffield. For our members to improve their life quality, we are dedicated to facilitating their access to vital information, advice and support. For fostering and supporting cultural diversity in Sheffield, we promote Chinese culture through cultural events engaging with other communities in Sheffield.

VALUES

We are committed to equality and diversity. Tackling causes of inequality faced by our members when accessing public services remains our priority. By addressing this challenge, we not only improve the quality of life of our members, but also help them engage with other communities in Sheffield more confidently, contributing to the cultural diversity of the City.

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Our Outputs

in the past 12 months

with a contribution of £7,500 from Sheffield City Council

- 691 individuals have benefitted from our support and services
- Over **2000** individuals were engaged in our Chinese cultural events and activities
- 192 sessions of community activities and training with a total attendance of 1414
- 404 sessions of health workshops, events and activities, with a total attendance of 3257
- 91 sessions of lunch clubs with a total attendance of 2204
- 1623 digital copies and 1343 printed copies of Health Newsletter distributed to members in community
- 62 volunteers were engaged to involve o our services development and delivery

Change We Made

in People's Lives

• Improve members' health and wellbeing

To improve our members' health and wellbeing so that they can live independently, we delivered a range of integrated health services, provided by our Health Project and the Centre. Individuals have received support from our health workers, for example, interpreting during medical appointments and advocacy. These services have enabled them to access mainstream medical services and receive treatment.

Our health & wellbeing activities, event and workshops provided users with an increased knowledge of health through: participation in general and mental health talks (e.g. Gambling Addiction, Parents Guide for limiting children's screen time, etc.), Health & Wellbeing Consultation Meeting, Health Screening (e.g. Strength and Balance Assessment, Body Fat and Blood Sugar Level measurement, etc.), Bilingual Health Card Making, Body Composition Workshop, Wildfires Safety & Prevention Workshop.

Participants also reduced isolation and emotional problem through exercising and broadening their social connections through activities which included: Low Impact Aerobics, Chitty Chatty Afternoon Tea, Podiatry, Hand Massage, Blood Pressure Monitoring, Karaoke, Health Walks, Medical English Class, Monthly Birthday celebration Party, Festival Celebrations, Outings, Tai Chi, Adult Colouring and Befriending.

• Empowerment and increased confidence

With our English classes and Women's Forum, our members enhanced their communication skills and became more selfconfident.

Facilitated access to public services

We organised Community Safety Workshop and meetings with the South Yorkshire Police for the community. We also held Information Workshop about election for Sheffield City Region, Have Your Say in Hospital Services, Consultation on Health & Social Care Services.

Through organising monthly surgery with local councillors, Big Conversation with Paul Bromfield MP and representatives from different political parties, we served as a contact points between our members and the local authorities. Our members raised issues and concerns including personal safety, traffic and environmental problems, etc. which were noted and then addressed r solved. These regular contacts we facilitated thus improved the quality of our members' life.

• Attained recognition for volunteering

We have engaged 62 volunteers from different age groups from the community and universities to help out in a wide range of activities at the Centre, including: administration and activities support, planning, developing and providing services, distribution of information, broadcasting for our Chinese Radio Programme, cleaning, transportation, cooking and maintenance of the Centre and its facilities. The volunteers also gained valuable skills and formed bonds within the community.

Changes We Made

to Partners & Benefits to the City

Sheffield Chinese Community Centre acts as a bridge between eh Chinese community and the services providers across the City. In 2018 - 2019 we have worked in partnership with over 30 organisations / businesses to provide a comprehensive service to the Chinese community.

• Organisations working in partnership with Sheffield Chinese Community Centre

Health Agencies Sheffield Teaching Hospitals **Local Authorities & Public Services** Royal Hallamshire Hospital Sheffield City Council NHS Sheffield CCG South Yorkshire Police Doncaster and Bassetlaw South Yorkshire Fire & Rescue Hospitals NHS Foundation Trust **Universities & Local Schools Voluntary & Community** d Chinese Community **Organisations** University of Sheffield Sheffield Hallam Sheffield Mind University Citizen Advice Sheffield Sheffield Chinese School Health Watch Sheffield Star Mandarina School Sheffield Live Theatre Delicatessen Sheffield Drink Wise, Age Well (Sheffield), Step Out Other Local Chinese Groups (Sheffield), etc. **Local Businesses** Sheffield Chinese Association Irwin Mitchell Solicitor Confucius Institute **London Road Pharmacy** Lai Yin Association, etc. J. Harvey & Co. Opticians

Apart from the above, we are also interested in exploring ways to collaborate with new partners.

• Signposting of services

Apart from our core and project services, we also played a role in being an information and advice centre for the community. Last year, we signposted hundreds o community members for their inquiries about services provided by other organisations or individuals.

• Provided support and specialist skills

With requests for support from our partners such as the Police and Fire and Rescue Service, we helped to translate their documents from English into Chinese, or helped to proofread their publicity materials in Chinese so that they could be used for the Chinese community.

• Helped to save resources and deliver services

Through workshops and activities with the support of our interpreting services, our partners could introduce and provide information about their services to the Chinese community. They could thus deliver their services to a wider community and maximise the use of their resources.

• Promoted cohesion, harmony and integration
Our annual Chinese New Year Celebration Event on 6th
February 2019 at the Sheffield City Hall, was co-organised by
the Sheffield Chinese Community Centre, other local Chinese
groups and student volunteers from Universities. It was also
supported by the Sheffield City Council. This annual event
attracted over 2,000 people. In addition, our other cultural
events and activities (e.g. workshop at the Bag a Book Event),
we not only promoted Chinese Culture, but also brought
together people of different faiths and backgrounds in
Sheffield and surrounding areas. As a result, these events

helped to develop community cohesion and integration of our community into the wider Sheffield City community.

Reduced needs for more intensive care services

The Doncaster and Bassetlaw Hospitals NHS Foundation Trust work with us to provide the Bdominal Aortic Aneurysm Screening (AAA Screening) and Breast & Diabetic Eye Screening on 27th March 2019. We also worked with the Sheffield Teaching Hospital NHS to provide the Bowel Cancer Screening for the Chinese community. This screening helped to raise awareness of those kind of health problem, and to identify individuals who need treatment for the problem in advance. As a result of our work with the partners, members at risk could access help early, and reduced the chances of more complicated treatment. Our partnership provided vital services for members who are at risk, more efficiently and effectively.

• Provided facilities for Citizens Advice Sheffield
We provided venue and facilities t Citizens Advice Sheffield in
our Centre on Tuesday and Wednesday each week in order to
provide more comprehensive support and easily accessible
services to the Chinese community. Our support facilitiated
them to deliver their advice services at the most suitable time
for the local Chinese members, with no cost for hiring our
venue and reducing the use of partners' resources.

Photo Gallery







Community Safety workshop

English class on every Wednesday







Volunteers for lunch club

Volunteer worked with member Volunteer and English class leaners







Children Party for Celebration of Chinese New Year 2019

Performance at the Chinese New Year Event 2019



Lord Mayor and guests at the Chinese New Year Event 2019



Dr Alan Billings attended the Chinese New Year Event 2019



Recruitment of volunteers at University of Sheffield







Meeting with Cllr Jim Steinke

Meeting with Cllr Alison Teal

Chinese Cultural Workshop at local school





Bilingual Card Workshop

Thai Chi Class







Lunch Club

Radio Team

Member of Radio Team







Sheffield Chinese Community Living Well Event on 9th October 2018



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