

Carers Information

Who is a carer?

*'A carer is anyone who cares, **unpaid, for a friend or family member** who due to illness, disability, a mental health problem or an addiction cannot cope without their support.*

*Anyone can become a carer; carers come **from all walks of life, all cultures and can be of any age**. Many feel they are doing what anyone else would in the same situation; looking after their mother, son, or best friend and just getting on with it.*

*Carers don't choose to become carers: **it just happens** and they have to get on with it; if they did not do it, who would and what would happen to the person they care for?'*

Carers Trust

<http://www.carers.org/role-carer>

What do carers in Sheffield look like?

The city is not unique and our Carers reflect the national picture of 1 in 10 people is a carer - 57,373 carers in Sheffield which 4,594 are young people.

The information below is the best estimate using the Census 2011 data [NOMIS].

Carer is not a readily used word by families, friends or professionals for people who provide unpaid care. As people do not recognise the term 'carer' or 'unpaid carer', the data from the census is probably lower than the true number of carers in Sheffield and therefore there are probably more.

The changing carer population

Research in 2015 by Carers UK and the University of York describe the caring population is NOT STATIC.

About 2.1 million people start caring nationally and just less than 2.1 million cease caring every year.

In Sheffield this equates to about:

- 20,000 people starting to care every year
- 19,000 people stopping caring every year

Gender:

57,373 Carers in Sheffield
(4,594 are young carers)

57% Women

43% Men

Age:

| | | | | |
|------|-------|-------|-------|-------|
| 7.9% | 9.4% | 27.3% | 33.8% | 21.3% |
| 0-24 | 25-34 | 35-49 | 50-64 | 65+ |

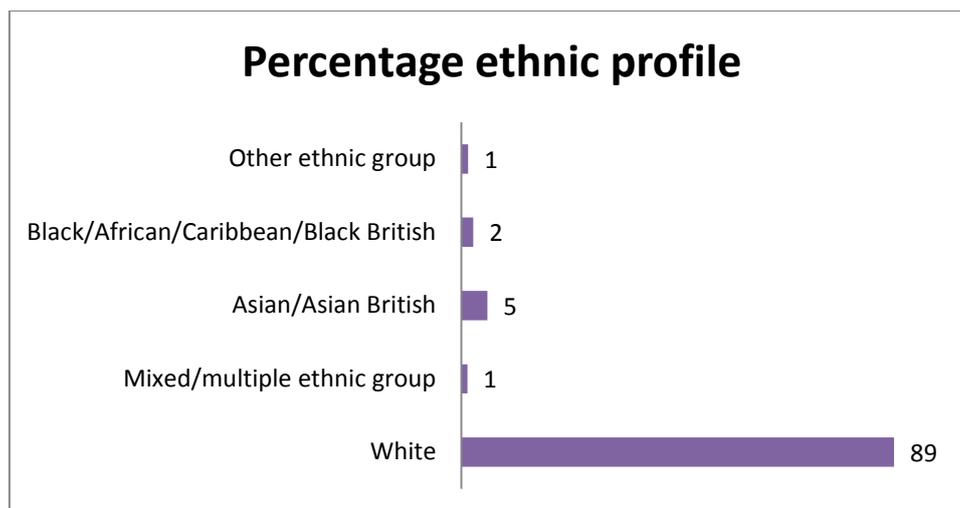
Change by number of carers by age and gender (2001 and 2011 Census)

- There has been an increase in the number of carers 65+ and Carers up-to the age of 24 and a decrease in the number of carers aged 25-64 years
- It should be noted still that the majority of carers (70.8%) are still within the 25-64 age bracket

| | All Persons | | | Males | | | Females | | |
|--------------|--------------|--------------|----------|--------------|--------------|----------|--------------|--------------|----------|
| | 2001 | 2011 | Change | 2001 | 2011 | Change | 2001 | 2011 | Change |
| Age 0-24 | 3874 | 4459 | ↑ | 1724 | 2030 | ↑ | 2150 | 2429 | ↑ |
| Age 25-49 | 22196 | 21075 | ↓ | 8832 | 8140 | ↓ | 13364 | 12935 | ↓ |
| Age 50-64 | 19775 | 19428 | ↓ | 8362 | 8082 | ↓ | 11413 | 11346 | ↓ |
| Age 65≥ | 10095 | 12243 | ↑ | 4904 | 5891 | ↑ | 5191 | 6352 | ↑ |
| Total | 55940 | 57205 | ↑ | 23822 | 24143 | ↑ | 32118 | 33062 | ↑ |

Ethnicity

- Of the Black Minority Ethnic (BME population) – 1 in 16 (6.7%) is a Carer, compared with 1 in 10 for the general population. This possibly reflects the fact that the BME age profile is younger than the general population.
- 11.8% of White Irish and 11.2% of Caribbean population in Sheffield are carers. These are the largest percentage rate of BME populations of Carers in Sheffield
- Of the BME Ethnic groups, the Pakistani population has the largest number of carers, and represents the largest proportion (27%) of the overall BME carer population.
- The number of hours of care provided by the BME carer population is comparable to the average - slightly lower in the 0-19 and 50+ groups but greater in the 20-49 group.



Numbers of hours of care

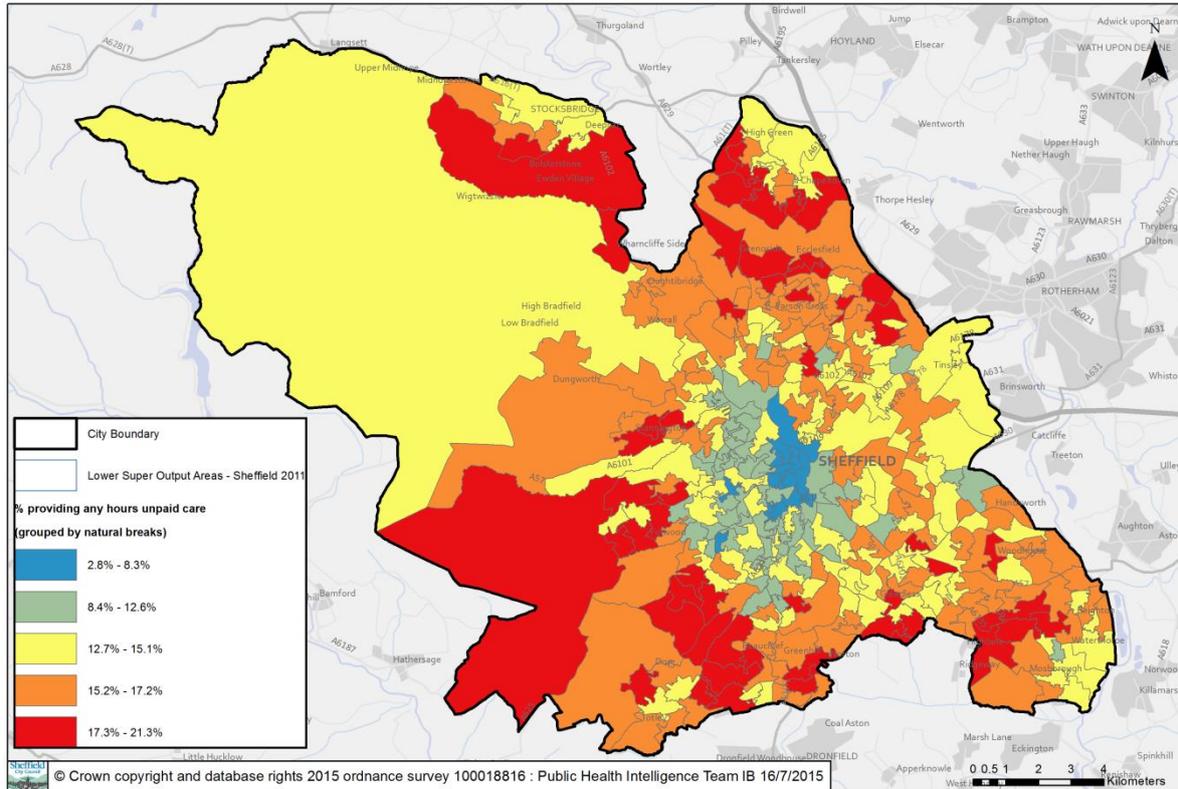
- There has been an increase in the number of male carers who provide 20+ hours of care; this is most marked in the 20-49 hours bracket (+596 carers or +2.3% of all male carers).
- There is also decrease in the number of men who provide 1-19 hours of care (844 less carers or a 4.4% reduction of all male carers).
- In terms of women, there has been an increase in the number of women who provide 20+ hours of care; this is most marked in the 50 hours or more bracket (1138 more carers or a 2.8% increase of all female carers).
- There is also a decrease in the number of women who provide 1-19 hours of care.

Change in hours by number of carers by gender (2001 and 2011 Census)

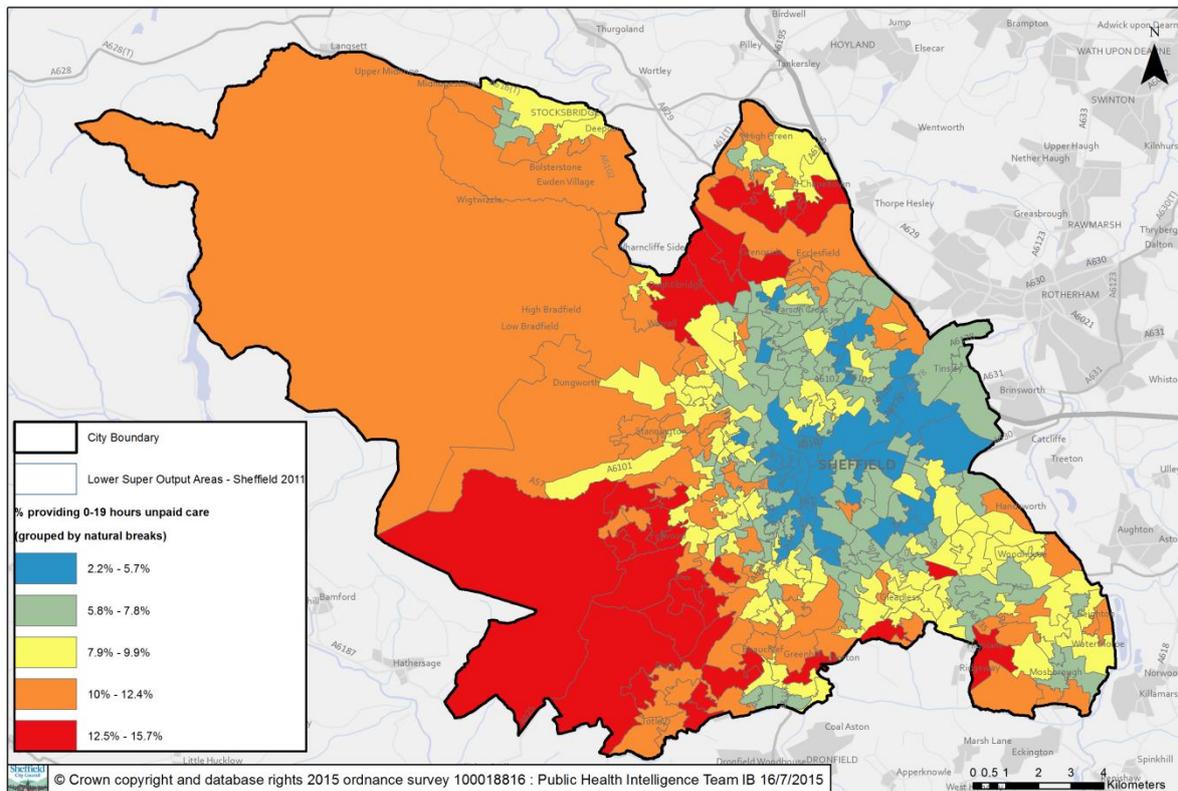
| HOURS | 2001 Census | | 2011 Census | | Difference between Census' | | |
|--------------|-------------|------|-------------|------|----------------------------|------|----------|
| | Number | % | Number | % | Number | % | % change |
| MEN | | | | | | | |
| 1-19 | 15,857 | 66.6 | 15,013 | 62.2 | -844 | -4.4 | -5.3 |
| 20-49 | 2,616 | 11.0 | 3,212 | 13.3 | +596 | +2.3 | 22.8 |
| 50 or more | 5,349 | 22.5 | 5,918 | 24.5 | +569 | +2.1 | 10.6 |
| Total | 23,822 | 100 | 24,143 | 100 | +321 | +0.0 | 1.3 |
| | | | | | | | |
| | | | | | | | |
| WOMEN | | | | | | | |
| 1-19 | 20,769 | 64.7 | 19,961 | 60.4 | -808 | -4.3 | -3.9 |
| 20-49 | 3,900 | 12.1 | 4,514 | 13.7 | +614 | +1.5 | 15.7 |
| 50 or more | 7,449 | 23.2 | 8,587 | 26.0 | +1138 | +2.8 | 15.3 |
| Total | 32,118 | 100 | 33,062 | 100 | +944 | +0.0 | 2.9 |

Geographical distribution

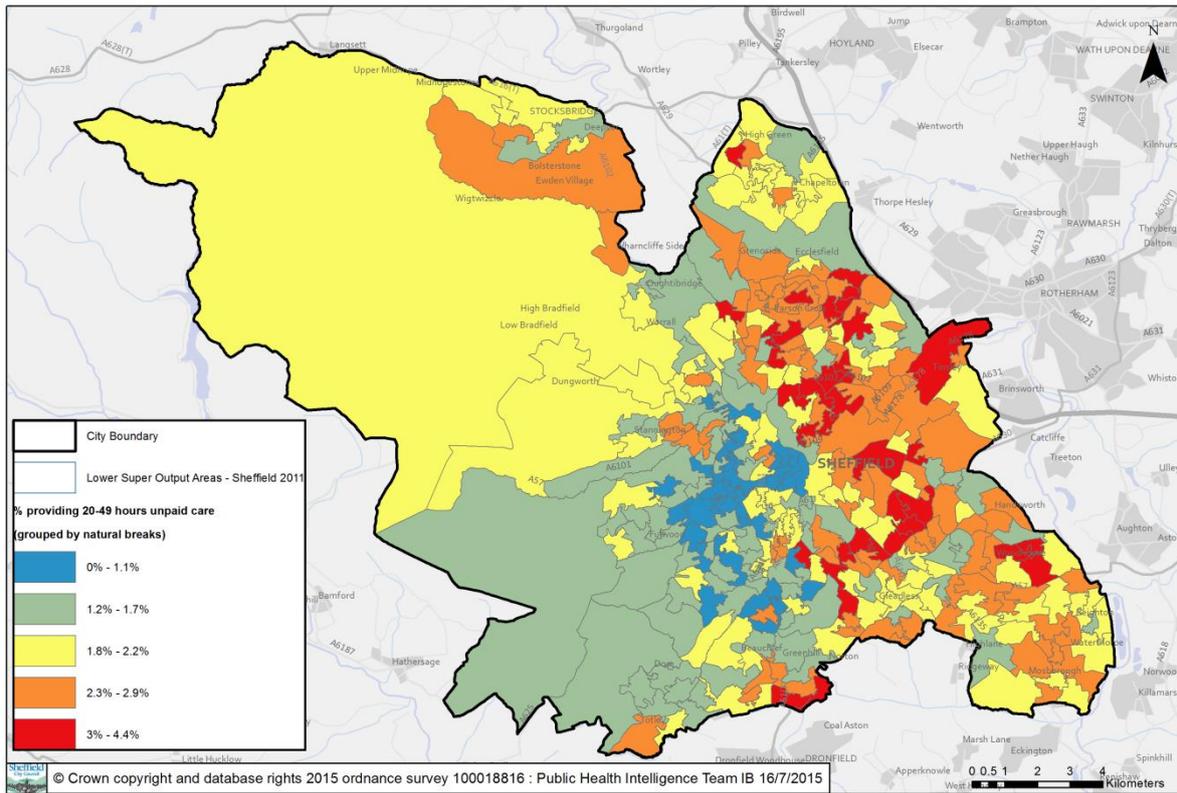
Census 2011 - Percentage providing any care - Age 25+



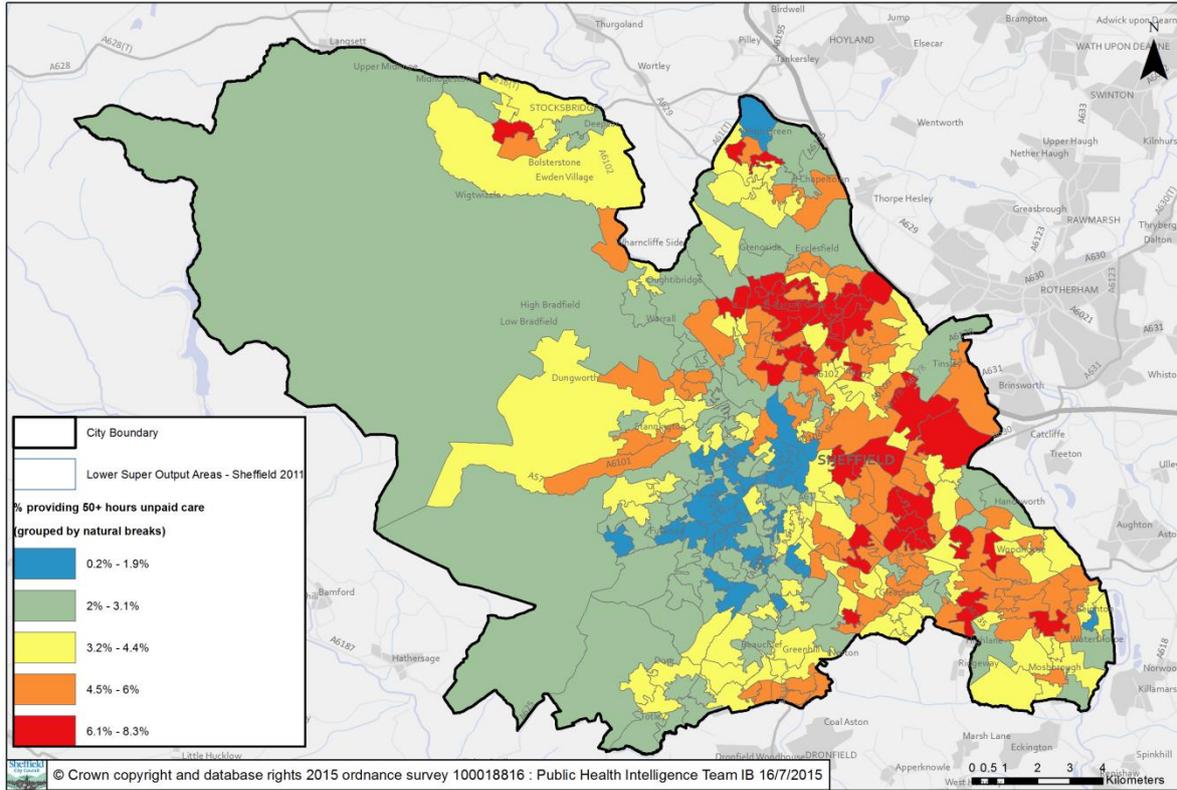
Census 2011 - Percentage providing 0-19 Hours care - Age 25+



Census 2011 - Percentage providing 20-49 Hours care - Age 25+



Census 2011 - Percentage providing 50+ Hours care - Age 25+



Health and Employment

- Slightly more than half of carers are in work (52%)
- Almost 8% of carers reported in bad or very bad health

| | Total | In employment | Unemployed | Economically inactive |
|--------------------------|---------------|----------------------|-------------------|------------------------------|
| Very good or good health | 39,216 | 24,748 | 1,792 | 12,676 |
| Fair health | 12,829 | 4,114 | 481 | 8,234 |
| Bad or very bad health | 4,360 | 644 | 101 | 3,615 |
| Total | 56,405 | 29,506 | 2,374 | 24,525 |

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Please also see the Community Knowledge Profile for further information
<https://www.sheffield.gov.uk/your-city-council/sheffield-profile/community-knowledge-profiles.html>