

# Your thoughts on short term care for older people

## October 2020

Firstly, thank you! We had 53 respondents providing a range of viewpoints, including...

- Unpaid carers
- Social care workers
- Care providers
- Health professionals

The results of the consultation are as follows.

### Factors

The factors when considering short term care were prioritised as...

- Quality
- Availability
- Person Centred

### Aims

The short term care strategy that we propose to put in place aims to...

- Offer carers a break from their caring role.
- Allow carers to pre-book support so they can plan ahead.
- Offer both carers and cared-for people a range of options for more personalised breaks.
- Offer responsive support to the cared-for person and family at a time of need.
- Offer short term overnight support in a range of settings.

All responses agreed with the aims above being set out in the strategy, with some added considerations such as...

- Ensuring emergency and rapid access to short term care options
- Develop opportunities to build familiarity of care providers and the cared for person

### Positive Experiences

Responses included both residential settings and in the person's own home.

Information and communication were common factors in positive experiences, as was having consistent relationships between the person and care giver

## Negative Experiences

Responses included

- Lack of flexibility in choice
- Lack of decisions when booking urgent respite
- Inconsistent care workers resulting in a lack of connection with the person
- The largest factor mentioned was however the lack of information on availability

## Have you heard of?

When presented with alternative forms of short term care, most people had heard of Homecare and Shared Lives, but not Supported holidays.

The proportions of each form of Short term care are below.

- Homecare - 85% of respondents had heard of this type
- Shared Lives - 72% of respondents had heard of this type
- Supported Holidays - 36% of respondents had heard of this type

More so, when asked about use, just over a third had accessed Homecare, and 1 in 10 had used Shared Lives or Supported Holidays.

The proportions of each form of Short term care are below.

- Homecare - 37% of respondents used this type
- Shared Lives - 9% of respondents used this type
- Supported Holidays – 11% of respondents used this type

## What's important to you?

The most prioritised responses were as follows.

- Confidence in the quality of care provided
- Access to short term care at different times of the day/week
- Access to short term care of different types and in different settings

Respondents also shared other types of short term care that they had accessed. These are listed below.

- Live in carer support

- Social day time groups

## **Suggestions**

- Coastal respite opportunities for person and carer
- Personalised outcome based breaks
- Morning and evening respite options

## **What happens next?**

Your feedback will now be used to help design the model for short term care for older people in Sheffield.

We will be back in touch with you soon for your thoughts on the proposed model, so please keep an eye on your email inbox.

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