



7 Crabtree Ponds



5 Busk Meadows

• **Interesting** – how many things would you notice on your journey than if you travelled another way

• **Sociable** – some of the best conversations happen on foot

• **Good for safety** – pavements are safer to be on than roads

• **Healthy** – helping weightloss, wellbeing and the risk of medical problems such as coronary heart disease, diabetes and strokes

• **Free** – save money on your travel

Reasons to walk
Walking is:



6 Roe Wood

walkit.com
Why not plan your walking journey using walkit.com/Sheffield? Just put in the road or postcode you are going from and to and it will give you the shortest route on a map. It will tell you about the hills you will have to go up and what CO₂ car drivers would save and calories you would burn.



4 Longley Park



Wincobank Hill



2 Path at Firth Park Library



1 Firth Park

Tell us what you think
Please email transport@sheffield.gov.uk or call 0114 205 3073 and let us know if you used the map and what you think.

Like to walk more?
See www.sheffield.gov.uk/walking or call 0114 205 3073 for more information.

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sheffield let's change4life
www.sheffieldc4l.org.uk

Let the **Fir Vale** walking map open your eyes to new possibilities

Fir Vale Walking Map

This is the Fir Vale Walking Map, helping people find their way around the area – for journeys to work, visiting somewhere or just for leisure.

This is a walking map. If you'd like to travel around Sheffield by other means you can use the following:

- **All modes of transport** – see www.sheffield.gov.uk/travel
- **Bus, tram and train** – call Traveline on 01709 515151 or see www.travelsouthyorkshire.com
- **Cycling** – see the Sheffield Cycle Map at www.sheffield.gov.uk/cycling

We can't tell you how hard the paths might be to use, so if you find steps, slopes or rough surfaces hard-going then please ask a friend to check the route out beforehand.



'Are there places you travel to every week in your local area? Whether it's to commute, go to the hospital, study, socialise, shop or to use community facilities there's a good chance you could walk there.'

Unlike driving, walking is healthy, free and doesn't pump pollution into the air. So why not increase your walking levels - even a walk here or there could make a difference.'

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Fir Vale Walking Map



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15 minute average walk

1000m

key

-  Bus stops
-  Walking Paths
-  Places of interest
-  Place of Worship
-  Shopping