

Parents/Carers

Are you worried that your child might be:

Young People

Are you or your friends worried about:

- Not going to school or college?
- Not working?
- Drinking too much?
- Taking drugs?
- Hanging around with the wrong people?
- In a situation you can't deal with?
- Getting stopped by the Police?

Community Youth Teams can help you make better choices for your future.

What happens next?

If the young person is eligible for support, both the young person and the referring professional (if applicable) will be notified, and the young person will be contacted by a worker to complete an assessment.

Most young people referred to CYTs receive an offer of activities which may include:

- Positive activities.
- Specific group work.
- Project work.
- 1:1 sessions.

For more information

Call: 0800 138 8381

Email: cyt@sheffield.gov.uk

Visit: www.sheffield.gov.uk/cyt

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Sheffield City Council
Community Youth Teams
www.sheffield.gov.uk

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Community **Youth** Teams

Helping young people
make the **right choices**
for their future



South Yorkshire
POLICE





What are Community Youth Teams?

Community Youth Teams (CYTs) are integrated community based youth support teams, providing:

- 1:1 Support.
- Group Work Programmes.
- Open Access Youth Provision.
- Street Based Teams.
- Detached Youth Work.

CYTs aim to ensure all agencies work together to support young people and help them on the path to success.

CYTs provide a coordinated and effective response to the needs of young people, and extra support for vulnerable young people.

Who do CYTs provide support for?

CYTs work with 8-19 year olds who may require extra support or who are taking risks and need help to improve their lives and make better choices.

Extra support given to those who are:

- Not involved in education, employment or training (NEET).
- Becoming involved in crime or gang activity.
- Involved in anti-social behaviour.
- May be at risk of sexual exploitation.
- May be at risk of becoming a teen parent.
- Misusing drugs and/or alcohol.
- At risk of developing poor emotional health and well being.

Who can make a referral to CYTs?

We welcome referrals from:

- Young people themselves.
- Parents/Carers.
- Professionals working with young people.

How do I make a referral to CYTs?

Referral is easy, simply contact CYTs on **0800 138 8381** or **cyt@sheffield.gov.uk** for a referral form or for support to complete the referral.

Is consent from the young person required?

Yes, support offered through CYTs is always on a voluntary basis and the consent of the young person must be received.