

Guidance notes for the completion of the Young Carer's Assessment

The Children & Families Act 2014 and the Care Act 2014 gives young carers the statutory entitlement to be offered an assessment of need. Sheffield has created an assessment, alongside a group of young carers, to do this.

The purpose of this document is to:

- **Involve** the young carer in identifying their own needs and potential solutions
- **Reduce** the caring responsibilities placed on the young carer and negative impacts of their caring
- **Inform** your work with the young carer to achieve this

NB: This assessment should be **kept by you** to inform your own work, drawing in additional support from other agencies where relevant

Any worker can identify a Young Carer (YC) –i.e. MAST/CYPF, Adult Services, education, health.

If you identify young carer in your work, you should offer them an assessment.

If they identify another worker, it is your responsibility to contact them and ensure this happens.

Ask if the YC wants you to complete it with them or they have another worker they would prefer to do it.

If they are happy to complete it with you, carry out the assessment with the YC with their consent, using a whole family approach where possible (this does not have to be on the first visit). Once completed, give a copy of the assessment to the young person and agree a review date with them.

NB: If a YC does not want their family involved, this does not deny them the right to an assessment but you must talk this through with them and explain that this may limit what can be achieved

Actions should be agreed to reduce caring and any negative impacts of caring and these must be recorded on the last page with review date set. Actions should include active consideration of whether to involve additional support services (i.e. MAST, Social Care, voluntary specialist projects –see assessment for list of agencies). Copies of the assessment should be shared if you do involve anyone else.

The Assessment must be reviewed regularly using the assessment 'Review sheet' which should be attached to the back of the assessment form.

You can download the [assessment form and review sheet](#).